

## The COUNTRY GARDENS



### ZUCCHINI, APPLE OR CARROT CAKE

#### INGREDIENTS:

4 cups of zucchini, apples OR carrots, shredded	2 cups white sugar
2 eggs	1 cup chopped walnuts
2 cups flour	2 tsp cinnamon
1 tsp nutmeg	1 tsp salt
2 tsp baking soda	1/2 cup vegetable oil

Preheat oven to 350 degrees. Prepare a 9 x 13 pan by greasing.

Blend sugar with eggs, add oil. Mix in flour, spices, salt and soda. Stir in nuts and zucchini/apple/carrot.

Bake 40 minutes.

Delicious served warm with vanilla ice cream or cooled and frosted with cream cheese frosting.