

The COUNTRY GARDENS



HAWAIIAN COLESLAW

INGREDIENTS:

1 cup shredded green cabbage, packed
1/2 cup grated carrots
2 green onions, sliced
3 tbsp rice wine vinegar
1 1/2 tsp honey
1/2 lime, juiced
1/8 tsp red pepper flakes (optional)

1 cup shredded red cabbage, packed
1 cup fresh pineapple, diced
1 tbsp ginger root, grated
1 tbsp soy sauce
1 tbsp sesame oil
1 tsp sesame seeds
salt to taste

Combine slaw vegetables, pineapples and green onions in a large bowl. Mix remaining ingredients and mix well. Pour over salad and mix to combine. Cover and let sit in the refrigerator for 30 minutes prior to serving.